

LMVFM Resources

***This resource page is updated regularly**



(Last updated 1 April, 2011)

“There's no more effective way of creating bitter enemies of the Army than by failing to do everything we can possibly do in a time of bereavement, nor is there a more effective way of making friends for the Army than by showing we are personally interested in every casualty which occurs.”

General of the Army, George C. Marshall, Army Chief of Staff, 1944.

For military personnel and their families there are a number of resources available to provide aid and support during times of distress, and tragedy. The following resources are provided to assist care givers, veterans and or their family members in locating appropriate military related organizations, resources, and reference materials.

Service Sponsored Websites

Each branch of the military sponsors a website that provides an overview of programs and support available to military personnel and family members. These websites also provide news articles and information relating to life in the military and online tutorials. Military branch specific relief societies also exist to help their service members/families with unexpected problems or financial emergencies. Help may be available for the following needs:

- Emergency transportation.
- Funeral expenses.
- Disaster relief assistance.
- Childcare expenses.
- Essential vehicle repairs.
- Unforeseen family emergencies.
- Food, rent, and utilities.
- Medical/dental bills (patient's share).

Lutheran Military Veterans and Families Ministries, Inc. (LMVFM) provides veterans, family members, congregations, and care providers assistance with short term counseling and assistance, and further assists them in identifying the appropriate resources for needs which go beyond the short term care we provide. Unless otherwise indicated, Lutheran Military Veterans and Families Ministries does not specially endorse any specific listing contained in this resource.

As a Christian ministry, having a Lutheran understanding of God and His promise for mankind, the LMVFM therefore draws its strength from God, and follows the example of mercy and forgiveness in the application of human care. All veterans and their family members, regardless of their faith identification, and beliefs are welcomed by the LMVFM, and eligible to receive services. Care and services are provided to veterans and their family members without cost.

For more information please contact us at:

260-755-2239

www.lmvfm.org

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Quick Sources:

Chaplain Assistance - <http://www.chapnet.army.mil/>
DEERS Eligibility - <http://tricare.mil/mybenefit/>
Identification Cards - <http://www.dmdc.osd.mil/rsl/owa/home>
Legal - <http://www.carlisle.army.mil/usawc/dclm/websites3.htm>
Medical - <http://www.medicare.gov/supplier/home.asp>
Medical (TRICARE) - <http://www.tricare.mil/contactus/>
Medical (TRICARE Toll Free Numbers) – <http://www.tricare.mil/contacts/>
Military Pay - <http://www.dfas.mil>
Military Records - <http://www.military.com/benefits/resources/military-records/military-records-overview>
Social Security Administration (SSA) - <http://www.ssa.gov/>
Social Security Offices - <https://secure.ssa.gov/apps6z/FOLO/fo001.jsp>
Taxes - <http://www.irs.gov/>

I. Links to Official DoD and VA sites

Air Force Aid Society

www.afas.org

Air Force Cross Roads

www.afcrossroads.com

Air Force Palace HART: The Air Force Palace HART (Helping Airmen Recover Together)

The HART program follows Air Force wounded in action until they return to active duty, or are medically retired. For immediate, 24-hour response, the Military Severely Injured Center can direct you to an Air Force point of contact. Call toll free at **1-888-774-1361** or e-mail:

<http://www.af.mil/news/story.asp?id=123046952>

American Academy of Child and Adolescent Psychiatry

DoD nationwide program to showcase and communicate American support to the men and women of the Armed Forces.

<http://www.aacap.org/>

www.OurMilitary.mil

American Battle Monuments <http://www.abmc.gov>

American Legion Nat'l Customer Service www.legion.org

AMVETS

For almost 60 years, AMVETS has provided service and support to America's veterans and their communities. At every level of the organization, people are involved in making a difference in the lives of those who have given so much to this country. Contact AMVETS at (301) 459-9600.

www.amvets.org/

Army Casualty Assistance Directory -

<http://www.armyg1.army.mil/rso/casualty.asp>

Army Emergency Relief "AER"

AER is the Army's own emergency financial assistance organization and is dedicated to "Helping the Army Take Care of Its Own". AER is a valuable asset for commanders in assisting them in providing for the morale and welfare of their soldiers. Army Emergency Relief can provide monetary grants to widows based upon financial need.

1-866-878-6378 or 1-703-428-0000

www.aerhq.org

Army Families Online

The Army's Well Being website has a special section entitled "Our Survivors" and includes a column by Joyce, a military widow who shares her experiences and advice with readers.

www.armywellbeing.org, and www.armyfamiliesonline.org

Army Family Team Building (See My Army Life, Too)

http://www.fortjacksonmwr.com/acs_aftb/

<http://www.spousebuzz.com/blog/2008/02/my-army-life-to.html>

Army Future Soldiers Training Program

www.FutureSoldiers.com

Army Housing One Stop

www.onestoparmy.com

Army Human Resources Command

<https://www.hrc.army.mil/site/index.asp>

Army Knowledge Online

<https://www.hrc.army.mil/site/index.asp>

Army Information Line

The Army Information Line (toll-free) provides accurate information, useful resources and helpful referral services to those with issues or concerns about Army Life including but not limited to:

- Child Support
- Deployment
- Family Readiness
- Family Readiness Groups
- Finance
- Military Installations
- Natural Disaster Relief and Recovery Information

Contingency Operations Information Experienced Constituent Liaisons staff the line and are available to assist members of the Soldiers (Active-Duty, National Guard and Army Reserve), Civilians, Retirees, Veterans and Families. The Army Information Line also serves as a safety net for those who have exhausted all other resources. 1-800-833-6622

Army Morale, Welfare, and Recreation

www.armymwr.com

Army National Guard

www.arng.army.mil

Army One Source

www.armyonesource.com

Army Public Affairs Office

<http://www4.army.mil/ocpa/>

Army Reserve Family Programs

www.arfp.org

Army Staff Judge Advocate <http://www.gordon.army.mil/osja/history.htm>

Associates of Vietnam Veterans of America www.avva.org

Burial Flags (Funeral directors) <http://www.united-states-flag.com/cotton-flags.html?gclid=CLySzZLJ9qcCFYS8KgodXV2caA>

How to Order: http://www.ehow.com/how_4838616_order-burial-flag-deceased-veteran.html

Casualty and Memorial Affairs Operations Center

<http://www.armywell-being.org/>

Chaplain Assistance

www.chapnet.army.mil/

Coast Guard

www.uscg.mil/reserve

Center for Health Promotion and Preventive Medicine (CHPPM)

CHPPM is a key player of medical support to combat forces and of the military managed-care system. It provides worldwide scientific expertise and services in clinical and field preventive medicine, environmental and occupational health, health promotion and wellness, epidemiology and disease surveillance, toxicology, and related laboratory sciences. It supports readiness by keeping soldiers fit to fight, while also promoting wellness among their families and the Federal civilian workforce.

<http://fhp.osd.mil/aiWatchboard/>

Cold War Recognition Certificates & Form 180 <http://www.nara.gov> (Nat'l Archives Records Admin).

Commanders Page Website

DoD's website for flag and general officers. Provides latest information on personnel and readiness

This is an excellent resource for other webmasters and (e) Newsletter editors.

http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF_DETAIL_0?current_id=20.20.60.70.0.0.0.0

Commissaries and Exchanges

Learn more about what's on sale today and special offers such as phone cards and gift certificates for deployed service members.

www.commissaries.com

www.navy-nex.com

www.usmc-mccs.org/shopping

<http://thor.milexch.com/scs/default.aspx>

Committee on Vets Affairs: U.S. Senate <http://veterans.senate.gov/>

Courage to Care

Courage to Care is an electronic health campaign consisting of fact sheets that deal with health topics relevant to military life. Courage to Care content is developed by leading military health experts from the Uniformed Services University of the Health Sciences.

www.usuhs.mil/psy/courage.html

Defense Enrollment Eligibility Reporting System (DEERS)

www.dmdc.osd.mil/rsl

Defense Finance and Accounting Service (DFAS)

<http://www.dfas.mil/>

Defense Manpower Data Center (ID Card Site Locator)

www.dmdc.osd.mil/rsl/

Defense Manpower Data Center

<http://www.virec.research.va.gov/Non-VADataSources/DMDC.htm>

Department of Defense (DoD)

<http://www.defense.gov/>

Department of Defense Education Activity (DODEA)

<http://www.dodea.edu/home/>

Department of Defense Family Advocacy Program

1745 Jefferson Davis Highway

Crystal Square 4, Suite 302

Arlington, VA 22202

703-602-4990

Department of Veteran Affairs

<http://www.va.gov/>

Department of Veterans Affairs (VA) Education Benefits

[www.gibill.va.gov\](http://www.gibill.va.gov/)

Department of Veterans' Affairs Health Care Benefits Information Line:

877-222-8387

Department of Veterans Affairs Veterans Benefit Administration

<http://www.vba.va.gov/>

Department of Veterans Affairs Survivor Information

<http://www.vba.va.gov/survivors/>

Deployment Health Support Directorate

Current information on deployment-related health issues is published on an interactive web site, Deployment LINK. The Directorate also operates a toll-free, direct hotline number where staff members answer deployment-related questions, locate lost medical records and provide contact information in the Department of Veterans Affairs. The number is 800-497-6261.

<http://deploymenthealthlibrary.fhp.osd.mil/>

Deployment Health Clinical Center (DHCC)

<http://www.pdhealth.mil/>

Deployment Health Clinical Center Library has a number of excellent resources at

<http://www.pdhealth.mil/hcc/default.asp> <http://www.pdhealth.mil/>

Deployment Health & Family Readiness Library

This website is the result of a partnership between DoD Health Affairs and DoD Military Community & Family Policy. It provides official fact sheets and other user friendly resources about environmental, occupational and physical health issues related to deployment as well as family readiness information. <http://deploymenthealthlibrary.fhp.osd.mil/>

Disabled American Veterans (DAV)

The DAV is dedicated to one single purpose: building better lives for all of our Nation's disabled veterans and their families. DAV provides a variety of free services to America's veterans and service members, which includes reviewing Medical Evaluation Board (MEB) results, representation before a Personnel Evaluation Board (PEB), and submission of claims before the VA for disability compensation, rehabilitation and other benefit programs. Contact DAV at (202) 554-3501, or fax at (202) 554-3581. <http://www.dav.org/>

DoD Job Search <http://www.dod.jobsearch.org>

DoD Transportal <http://www.veteranprograms.com/id105.html>

Exceptional Family Member Program

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, and educational, medical, and personnel services to families with special needs.

- **Air Force**

<http://www.afcommunity.af.mil/>

- **Army**

www.myarmylifetoo.com

- **Coast Guard**

<http://www.cgmahq.org>

- **Marine**

www.usmc-mccs.org/efmp/

- **Navy**

www.npc.navy.mil/CommandSupport/ExceptionalFamilyMember/

Families First Casualty Call Center (24/7 assistance)

Families First Casualty Call Center offers additional assistance to families of Soldiers lost in combat or by accident. Free one-on-one telephone support program has helped more than 3,000 immediate and extended families by providing ongoing support services and links to other resources to help alleviate the pain of losing their Soldier. Families who have lost their Soldiers are encouraged to call an FFCCC support coordinator, toll-free at **(866) 272-5841** or online at:

http://goliath.ecnext.com/coms2/gi_0199-6555986/Casualty-assistance-Army-s-Families.html
FFCCC@conus.army.mil

Fax: 703-325-2074

Mailing Address:

Army Human Resources Command
ATTN: AHRC-PEC (FFCCC)200 Stovall Street
Alexandria, VA 22332

Family Advocacy Program:

The military community is not immune to personal or family problems. Problems may range from experiencing stress due to a deployment to experiencing domestic violence including spouse or child abuse. Fortunately, vital services and support are available to military families. FAP sponsors activities and services to include public awareness briefings, individual and couples counseling, crisis intervention, support groups, stress management,

and other well-being workshops. FAP services may be found at military medical facilities or at Family Support Centers. For more information, go to:

www.militaryhomefront.dod.mil/directories

[Family Readiness Groups \(FRGs\)](#)

□ Fleet and Family Support Programs

http://www.cnic.navy.mil/CNIC_HQ_Site/WhatWeDo/FleetAndFamilyReadiness/FamilyReadiness/FleetAndFamilySupportProgram/index.htm

□ Force Health Protection and Readiness Library

The Deputy Assistant Secretary of Defense (DASD) for Force Health Protection and Readiness (FHP&R) Serves as the principal staff assistant and advisor to the Assistant Secretary of Defense (Health Affairs) for all DoD deployment medicine policies, programs, and activities. In carrying out these responsibilities the office is responsible for deployment related health policy, doctrine, theater information systems, system rightsizing and international agreements. <http://home.fhpr.osd.mil/home.aspx>

□ Deployment Health Clinical Center (DHCC)

<http://www.pdhealth.mil/>

□ Deployment Health Clinical Center Library has a number of excellent resources at

<http://www.pdhealth.mil/>

□ Deployment Health & Family Readiness Library Support Directorate

Deployment Health Support Directorate was established by the DoD to ensure that medical lessons Learned from previous conflicts and deployments are integrated into current policy, doctrine and practice. Current information on deployment-related health issues is published on an interactive web site, Deployment LINK. The Directorate also operates a toll-free, direct hotline number where staff members answer deployment-related questions, locate lost medical records and provide contact information in the Department of Veterans Affairs. The number is 800-497-6261.

<http://deploymenthealthlibrary.fhp.osd.mil/>

<http://home.fhpr.osd.mil/home.aspx>

□ Federal Jobs for Veterans <http://federaljobs.net/fed.htm>

□ Force Health Protection and Readiness Library

The Deputy Assistant Secretary of Defense (DASD) for Force Health Protection & Readiness (FHP&R) serves as the principal staff assistant and advisor to the Assistant Secretary of Defense (Health Affairs) for all DoD deployment medicine policies, programs, and activities. In carrying out these responsibilities the office is responsible for deployment related health policy, doctrine, theater information systems, system rightsizing and international agreements.

<http://fhp.osd.mil/>

□ Gulf War Veterans Resource Center www.ngwrc.org

□ Gulf War Vets Illness <http://www.va.gov/health/enfio=ron/persgulf.htm>

□ Identification Cards <http://www.dmdc.osd.mil/rsl/>

□ Korean War Veterans Association (KWVA)

The KWVA serves to organize, promote and maintain for benevolent and charitable purposes an association of persons who have seen honorable service during the Korean War at any time between June 25, 1950 and 31 January 1955. Contact the KWVA at (937) 426-5105, or by fax at (937) 426-4551

<http://www.kwva.org/>

□ Korean War Project www.koreanwar.org

□ Life Insurance Program www.insurance.va.gov/

LIFE Lines Services Network

http://www.cnic.navy.mil/CNIC_HQ_Site/WhatWeDo/FamilyLine/index.htm

Marine Corps Community Services www.usmc-mccs.org

Marine for Life Injured Support Program (M4L)

The Marine For Life Injured Support program provides information, advocacy and assistance from the time of injury through return to full duty or transition to the Veterans Administration, up to one year after separation. Injured Marines, Sailors or family members needing assistance can call toll-free:

866-645-8762 or

E-mail: injuredsupport@M4L.usmc.mil or www.m4l.usmc.mil

Mental Health Self Assessment Program

<https://www.militarymentalhealth.org/welcome.asp>

The Miles Foundation: Domestic Violence, Child Abuse, Child Sexual Abuse, Sexual Assault by Military Personnel. The Miles Foundation is a private, nonprofit organization that offers services to victims of violence associated with the military.

P.O. Box 423

Newtown, CT 06470-0423

1-877-570-0688 203-270-7861

milesfdn@aol.com milesfd@yahoo.com

MIL Spouse

This website is a comprehensive listing of resources that are of special interest to military spouses -- employment, child care, relocation, family support and more. It is sponsored by the Departments of Defense and Labor. www.MILSpouse.org

Military Assistance Program <http://usmilitary.about.com/od/glossarytermsm/g/m3956.htm>

Military Family Resource Center

4040 Fairfax Dr., Rm 420

Arlington, VA 22203-1635

703-696-9053

Military Funeral Honors www.militaryfuneralhonors.osd.mil

Military.com/spouse

This section of the Military.com website is sponsored by the DoD Office of Military Community & Family Policy. It features a career center for military spouses.

www.military.com/spouse

Military.com/support

This section of the Military.com website is sponsored by the DoD Office of Military Community & Family Policy. It provides resources and support for severely injured service members and their families.

www.military.com/support

Military HOMEFRONT

Military HOMEFRONT is the official Department of Defense web site for reliable Quality of Life information for troops and their families, leaders and service providers.

<http://www.militaryhomefront.dod.mil/> **HOME PAGE**

Military Order of the Purple Heart www.purpleheart.org

Military Pay <http://www.dfas.mil/militarypay.html>

MilitaryStudent.org

This website has been developed by the DoD Office of Military Community & Family Policy. It provides resources designed especially for school aged military children, parents and teachers. Focus is on relocation and deployment support needs. <http://www.militaryimpactedschoolsassociation.org/>

Military Records <http://www.archives.gov/st-louis/military-personnel/>

Military Severely Injured Center (MSIC)

The Center is a central Department of Defense (DoD) resource available to offer support services to seriously injured service members and their families. The MSIC can be reached at **1-888-774-1361**, or at additionally, families can read up to date information on the DoD Military Home front website. Go to www.militaryhomefront.dod.mil and click on the Troops and Families link. www.military.com/military-report/military-severely-injured-center

Military Teens on the Move (MTOM) <http://apps.mhf.dod.mil/pls/psgprod/f?p=MYOM:HOME:0>

My Army Life www.myarmylife.com

My Army Life Too <http://www.spousebuzz.com/blog/2008/02/my-army-life-to.html>

National Center PTSD

The PTSD Information Center contains in-depth information on PTSD and traumatic stress for a general audience. <http://www.ncptsd.va.gov/ncmain/index.jsp>

National Amputation Foundation, Inc. (NAF)

Since 1919 the National Amputation Foundation (NAF) the has offered valuable assistance to veterans of World War I, II, Korea, the Vietnam Conflict, Desert Storm and Iraqi Freedom. The Foundation has expanded its facilities, and also includes civilian amputees. Contact NAF at (516) 887-3600. <http://www.nationalamputation.org/>

National Cemetery Administration <http://www.cem.va.gov/>

National Center for PTSD (VA Sponsored Center for PTSD)

1-802-296-6300 <http://www.ptsd.va.gov/>

National Military Family Association Inc. <http://www.nmfa.org>

National Personnel Records Center <http://www.archives.gov/st-louis/military-personnel/index.html>

National Veterans Affairs & Rehabilitation <http://www.calegionaux.org/var.htm>

Nat'l Veterans Foundation Help Line

1-888-777-4443 (M-F 9-9 Pacific)

<http://www.nvf.org/>

Navy LIFELines Services Network www.lifelines.navy.mil

Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society provides emergency assistance for a dependent spouse, minor children and dependent parent(s) of deceased Navy personnel. Aid may be rendered in the form of money or as a loan. Assistance is also furnished in applying for pensions, insurance and other benefits accruing to the dependent by reason of the decedent's military service. Inquiries should be addressed to:

801 N. Randolph Street

Arlington, VA 22203-1978

Phone: (703) 696-4904

www.nmcrcs.org/ www.nmcrcs.org/intfreeloan.html

☐ Navy Safe Harbor Program

The Navy Safe Harbor Program has a coordinated and tailored response for its men and women returning from *Iraq, Afghanistan* and other areas of conflict with severe debilitating injuries. For immediate, 24-hour response call 1-877-746-8563. For further Information go to

www.npc.navy.mil/CommandSupport/SafeHarbor or safeharbor@navy.mil

☐ **Naval Historical Center** www.history.navy.mil

☐ **New York State VVA** <http://www.veterans.ny.gov/>

☐ **President's Committee on Employment for People with Disabilities** <http://www.dol.gov/odep/>

☐ **P.T.S.D. (any era vet)** <http://www.ptsd.va.gov/professional/pages/vietnam-vets-study.asp>

☐ **Reemployment Rights**

http://www.dol.gov/vets/programs/fact/userra_vets03.htm

☐ **Requests for medals from NPRC (eligible vets & next of kin)**

<http://www.archives.gov/veterans/replace-medals.html>

☐ **Replacing Military Records/Nat'l Archives**

<http://www.archives.gov/veterans/military-service-records/>

☐ **Sisters Bound By Honor** <http://strvet.multiply.com/>

☐ **Survivor Benefit Plan (SBP)** <http://www.armyg1.army.mil/rso/mission.asp>

☐ **Suicide Hotlines**

1-888-649-1366

1-800-SUICIDE

1-800-784-2433

Suicide Help Online

<http://www.hopeline.com>

<http://www.spanusa.org>

☐ **The Military Widows Gazette**

The Military Widows Gazette gives legislative news and information regarding benefits for the widows of military career men. <http://www.military.com/benefits/survivor-benefits/survivor-support-organizations>

☐ **Tragedy Assistance Program for Survivors (TAPS)**

TAPS is dedicated to supporting anyone and everyone who has ever been affected by a service member's death occurring on active duty. TAPS has programs to provide peer support and assistance, and provides, at no cost to the survivor, a national peer support network, grief-counseling referral service, 24hr crisis intervention and case worker assistance. TAPS case-workers are experienced, empathetic liaisons who help family members find solutions to problems. They work with Federal, State, and private agencies to help families find solutions to problems that arise after the death of a service member.

To speak with a TAPS counselor call 1-800-368-TAPS (8277). Taps publishes a quarterly newsletter. For more information you may contact:

1621 Connecticut Avenue

NW Suite 300

Washington, DC 20009

800-959-TAPS

<http://www.taps.org>

☐ **The Military Coalition (TMC)** www.themilitarycoalition.org

The Military Widows Gazette

The Military Widows Gazette gives legislative news and information regarding benefits for the widows of military career men. <http://www.military.com/benefits/survivor-benefits/survivor-support-organizations>

The Women's Trauma Recovery Program in Menlo Park, Calif. <http://www.womenvetsptsd.va.gov/>

Transition Assistance Program -- new website name:

This website is sponsored by the DoD Office of Military Community & Family Policy. It represents the commitment of the Department of Defense, Department of Labor, Department of Veterans Affairs, Department of Education and other partner organizations to lifetime support for transitioning military service members. This site is the starting place for those who are within 12 months of separating from military service or 24 months prior to retirement. www.transitionassistanceprogram.com

TRICARE <http://www.tricare.osd.mil/>

Turbo TAP www.TurboTAP.org

The Military Widows Gazette

The Military Widows Gazette gives legislative news and information regarding benefits for the widows of military career men. <http://www.military.com/benefits/survivor-benefits/survivor-support-organizations>

The U.S. department of Labor <http://www.dol.gov>

The Women's Trauma Recovery Program in Menlo Park, Calif. <http://www.womenvetsptsd.va.gov/>

The Widowed Information and Consultation Service

This service helps widows cope with their special problems. Contact:

909 North J

Tacoma, WA 98402

OR:

1005 1/2 S.W. 152nd

Seattle, WA 98166

Uniformed Services Family Health Plan (USFHP) www.usfhp.com

US Air Force Personnel Center <http://www.afpc.randolph.af.mil/awards/>

US Air Force Family Advocacy Program

AFMOA/SGZF

2664 Flight Nurse, Building 801

Brooks AFB, TX 78235-5135

210-536-2031/32

US Army Family Advocacy Program

HQ DA, CFSC-FP

Department of the Army

4700 King St, 4th Floor

Alexandria, VA 220302-4418 Call: 703-681-7396/93

U.S. Army Wounded Warrior (AW2) Program (Formerly the Army Disabled Soldiers Support System (DS3)): Through the U.S. Army Wounded Warrior Program (AW2), the Army provides its most severely disabled Soldiers and their families with a holistic system of advocacy and follow-up with personal support and liaison to resources, to assist them in their transition from military service to civilian life.

The AW2 toll free number is: **1-800-833-6622**.

www.armyds3.org

US Court of Appeals for Veterans Claims <http://www.uscourts.cavc.gov/>

US House <http://www.veterans.house.gov>

United States Department of Defense Sexual Assault, Prevention and Response Office:

Hotline Numbers

Within the United States: 800-342-9647

Overseas: 00-800-3429-6477

Overseas Collect: 1-484-530-5908

www.sapr.mil

US Dept. of Labor <http://www.dol.gov>

US Marine Corps

HQMC M&RA (MRO)

3280 Russell Road

Quantico, VA 22134-5009

703-784-9546

US Navy Family Advocacy Program

Navy Personnel Command P661

Department of the Navy

5720 Integrity Drive

Millington, TN 38055-6610

901-874-4355

USA4MilitaryFamilies

The USA4 Military Families initiative seeks to engage and educate state policymakers, not-for-profit associations, concerned business interests, and other state leaders about the needs of Military members and their families, particularly as those needs intersect with state public policy. Through state/military partnerships, DoD seeks to develop relationships with states, work with them to remove unnecessary barriers, and significantly improve the quality of life for military families. Top 10 Issues being addressed are: Care of the Guard and Reserve, Assistance to Severely Injured Servicemembers, In-State Tuition, Military Children during School Transition and Deployments, Spouse Employment, Unemployment Compensation, Predatory Lending, Voting, Foreign Language Requirements, and Accessible Support for Military Families.

<http://www.usa4militaryfamilies.dod.mil/>

US Air Force Personnel Center <http://www.afpc.randolph.af.mil/awards/>

Veterans Affairs <http://www.va.gov/> or www.vaservices.org

Vet Assist Program

- To provide prompt, accurate, courteous and personal responses to inquiries from veterans and their widows
- To effectively neutralize potential VA stumbling blocks by preparing the most thorough and professional application package possible
- To secure for the veteran or his widow the greatest special pension dollar amount possible in the shortest amount of time
- To offer a significant comfort level to veterans, their widows or children, and the reassurance that their service and sacrifice is appreciated and will be appropriately compensated.

Vision

Serving those who served America

The Vet Assist program is administered by veterans for veterans, and is operated by a service disabled veteran. It was created specifically to support veteran efforts to complete and submit the application packet for the often overlooked Aid & Attendance benefit. We charge a one-time consulting fee of \$600 that covers one year of consultation (or the period up to approval of the claim).

<http://www.veteranaid.org/>

V.A. Home Loans <http://www.homeloans.va.gov>

Veteran Center Readjustment Counseling and Bereavement Counseling
<http://www.vetcenter.va.gov/>

Veterans and Families www.veteransandfamilies.org

Veterans of Foreign Wars (VFW)

The Veterans of Foreign Wars enhance the lives of millions through its legislative advocacy program that speaks out on Capitol Hill in support of service members, veterans and their families, and through community service programs and special projects. From assisting service members in procuring entitlements, providing free phone cards to the nation's active-duty military personnel, to supporting numerous community-based projects, the VFW is committed to honoring our fallen comrades by helping the living.

Contact the VFW at (202) 453-5230, or fax at (202) 547-3196.

406 West 34th Street

(Broadway at 34th Street)

Kansas City, MO 64111

(816) 756-3390

(202) 543-6719 fax

info@vfw.org

www.vfw.org

Veterans Service Organizations List

Lists Organizations Chartered by Congress and/or Recognized by VA for Claim Representation

<http://www.va.gov/ogc/apps/accreditation/index.asp>

Veterans of the Vietnam War

1-800-843-8626

Veteran-to-Veteran Peer Counseling

1-877-VET2VET

Veterans' Widows International Network, Inc.

This organization formed to help with support for Veterans and retiree widows across the country. Contact: 3657 E. South Laredo St

Aurora, CO 80013

Phone: 303-693-4745

Vietnam Veterans of America (VVA)

Founded in 1978, Vietnam Veterans of America, Inc. is the only national Vietnam veterans organization congressionally chartered (May 23, 1986) and exclusively dedicated to Vietnam-era veterans and their families – 45,000 members. "Never again shall one generation of veterans abandon another," is VVA's Founding Principle. Contact [VVA](http://www.vva.org) at 1-800-882-1316, (301) 585-4000, or by fax at (301)585-0519.

Widows of War Living Memorial <http://www.warwidows.org/Memorial/>

Women Organizing Women www.vetwow.com

VA Health Care Info (for you only) "MyHealthVet" website www.myhealth.va.gov

Vietnam Veterans of America Chapter 20 Rochester N.Y. www.vva20.com **

War-Zone-Related Stress Reactions: What Veterans Need to Know – An explanation of the reactions veterans may have to traumatic war experiences. An explanation of the reactions veterans may have to traumatic war experiences.

[http://www.vva.org/War-Zone-Related Stress Reactions: What Veterans Need to Know](http://www.vva.org/War-Zone-Related-Stress-Reactions-What-Veterans-Need-to-Know)

Wounded Soldier and Family Hotline - Army-provided assistance
1-800-984-8523

Wounded Warrior Program

“Helping Those That Have Paid a Price”

An injured Soldier, Airman, Seaman, or Marine should be offered access to the same services as the Soldier, Airman, Seaman, or Marine recuperating in the bed next to them in a military hospital. This agency continues to ask that the role of the DoD and the VA be clearly explained and delineated and joint efforts between all the Services and the VA, in support of the service member and family, continue to be the priority.

<https://www.aw2.army.mil/> **



II. Links to Military, Religious, and Other Agencies

Arlington National Cemetery <http://www.arlingtoncemetery.org>

Army Center for Substance Abuse

Anti-drug awareness and Army Substance Abuse Program (ASAP) information

<http://www.acsap.army.mil>

Army Civilian Personnel Online <http://www.cpol.army.mil/>

Battle Mind Training <http://www.battlemind.org/>

Compassionate listening service (FREE) for military family members living without a loved one (Stephen's Touch)

The Stephen Ministries is a non-denominational ministry that provides a one-on-one confidential listening ministry. Since starting in 1975, more than 9,000 congregations from over 100 denominations are involved in Stephen Ministry. These congregations come from all 50 states in the U.S.A, 9 Canadian provinces and 21 other countries. Stephen Ministers care for people who are suffering some difficulty or trauma in their lives. Stephen Ministers don't give advice and they don't proselytize. If the person receiving care wishes, the Stephen Minister may say a prayer during the session for them but that is totally optional.

The caring listening is being offered to spouses, parents, adult children and siblings of those who died or those who are dealing with separation due to military service. Please pass this information along to others who would benefit from the caring listener. www.stephenstouch.org

Inquiries about medals and decorations <http://www.usmilitarystuff.com/army-stuff/medals-and-ribbons/>

Miscellaneous programs designed to help vets. <http://www.military.com/resources/>

Corporate Gray <http://www.corporategray.com>

The Army Reserve Family Programs Locator (for command and Army Reserve Region POCs) can be found at: <http://www.arfp.org/skins/ARFP/home.aspx?mode=user> Click on "Family Programs Staff" in the column on the left.

The NGB-Family Program Office has established an array of POC information for each of the 54 states and territories. <http://www.guardfamily.org/>

The Society of Military Widows (SMW)

SMW was founded in 1968 by Theresa (Tess) Alexander to serve the interests of women whose husbands died while on active military duty, of a service-connected illness, or during disability or regular retirement from the armed forces. SMW is a nonprofit organization chartered in the State of California under section 501 (c) (4) of the Internal Revenue Service Code.

<http://www.militarywidows.org/>

The Widowed Information and Consultation Service

This service helps widows cope with their special problems. Contact:

909 North J

Tacoma, WA 98402

OR:

1005 1/2 S.W. 152nd

Seattle, WA 98166

Treats for troops: (packages to your soldier for foster-a-soldier) <http://www.treatsfortroops.info/>

USO Cares: (sponsor care pkg. by USO for \$25.00 donation)
<https://www.uso.org/OUCP-donation-page-with-partner.aspx?LangType=1033>

Vets Benefits on-line <http://www.vabenefits.vba.va.gov>

Voice from Home: (allows troops & families to send voice e-mail)
<http://www.voicesfromhome.org/home.html>

Widows of War Living http://archive.ideum.com/portfolio/widows_war

Women Organizing Women www.vetwow.com

III. Links to Unofficial Sites and Other Helpful Organizations and Programs

Accessibility & Disability Information & Resources in Psychology Training & Practice:
<http://kpope.com/>

Adopt a Platoon-(so no soldier leaves mail call empty handed) <http://www.adoptaplatoon.org>

Advocacy & Intelligence Index for POW/ <http://www.leatherneck.com/forums/showthread.php?t=2891>

Air Force Crossroads (<http://www.afcrassroads.com>): Air Force Crossroads is the U.S. Air Force community website that provides information to airmen and their families on topics such as parenting, relocation, education, employment, finances, deployment, and postdeployment. It also includes a forum for airmen to give advice and receive advice from other airmen.

American Red Cross

Today's American Red Cross is keeping pace with the changing military. Using the latest in computer and telecommunications technology, the Red Cross sends communications on behalf of family members who are facing emergencies or other important events to members of the U.S. Armed Forces serving all over the world. These communications are delivered around-the-clock, 7 days a week, 365 days a year.

Red Cross services for members of the Reserves and National Guard include:

- Emergency communication
- Access to emergency financial assistance
- Counseling
- Veterans services
- Information and referral provided by Armed Forces Emergency Services.

American Veterans With Brain Injuries (<http://www.cominghomeproject.net>); The Coming Home Project is a nonprofit organization devoted to providing care and support to Iraq and Afghanistan veterans and their families with emotional, spiritual, and relationship problems before, during, and after deployment.

Any soldier-(sending care packages to Iraq) http://www.ehow.com/how_5079224_ship-care-packages-iraq.html

Any Soldier- If you would like to correspond with someone in the military who is deployed overseas, go to: www.eMail.ourmilitary.com

❑ Asian & Pacific Islander Institute on Domestic Violence

450 Sutter Street, Suite 600
San Francisco, CA 94108
415-954-9988

Email: apidvinst@apiahf.org

❑ Battered Women's Justice Project: 800-903-0111, ext. 1

2104 4th Ave. So., Suite B
Minneapolis, MN 55404
www.bwjp.org

❑ Books For Soldiers –(& DVD's) <http://www.booksforsoldiers.com>

❑ Burial benefits contact: <http://www.cemeterydepot.com/Burial-Benefits-for-Veterans-information.php>

❑ Coming Home Project (<http://www.fallenpatriotfund.org>): The Coming Home Project is a nonprofit organization devoted to providing care and support to Iraq and Afghanistan veterans and their families. The organization assists military members and their families with emotional, spiritual, and relationship problems before, during, and after deployment.

❑ Fallen Patriot Fund (<http://www.fallenpatriotfund.org>): The Fallen Patriot Fund helps families of U.S. military personnel who were killed or seriously injured during Operation Iraqi Freedom. Support to the families is primarily financial in nature.

❑ Family Services and Individual Service Member Support. These organizations provide a wide variety of services to service members and their families, including individual and marital therapy financial counseling, and many other support services:

● **Air Force Family Support (<http://www.afcrossroads.com>)**

● **Army Community Services (<http://www.myarmylifetoo.com>)**

● **Marine Corps Community Services (<http://www.usmc-mccs.org/>)**

● **National Guard Bureau State Family Programs (<http://www.guardfamily.org> and <http://www.guardfamilyyouth.org>)**

● **Navy Fleet and Family Support (<http://www.ffsp.navy.mil/> or <http://www.lifelines.navy.mil/>).**

❑ Fisher House (<http://www.fisherhouse.org>): Fisher House provides lodging and support to military family members so that families can be close to their loved ones during times of hospitalization.

❑ Gold Star Family (<http://www.goldstarfamilysupportgroup.com/>) Gold Star Family provides programs and support to address the needs of families who have host a service member.

❑ How to access Red Cross services:

Members of the National Guard and Reserves and their families should contact their local Red Cross chapter,

Active duty service members on overseas military installations may access Red Cross reporting and communication assistance by contacting base/installation operators for the listing of the on-base Red Cross office or information on how to access Red Cross assistance if there is not a representative on the local installation.

The American Red Cross assists family members of deceased Sailors in applying for federal and state benefits. They provide information on other resources, counseling relative to problems arising from the death and planning to meet financial needs. Local chapters of the American Red Cross serve every community in the United States. <http://www.redcross.org/>

❑ Defend America (thank any service members overseas) <http://www.defendamerica/mil/nmam.html>. **

• **Domestic Violence/Criminal Justice & Military Issues**

800-903-0111 Ext.1

• **Defense of Battered Women Issues**

800-903-0111 Ext. 3

Cadre (National Center on Dispute Resolution)

Cadre encourages the use of mediation and other collaborative strategies to resolve disagreements about special education and early intervention programs. Cadre offers a spectrum of services including promoting ways to prevent conflict and help with early dispute assistance, education about conflict resolution options, mediation, resolution sessions, and due process hearings. To contact Cadre, call 1-541-686-5060 (voice), or 1-541-284-4740 (TTY) or send a fax to 1-541-686-5063.

Or go to: www.directionservice.org

Caring for the Clinicians Who Care for Traumatically Injured Patients: [clinician_guide_ch_8.pdf](http://ncptsd.va.gov/ncmain/ncdocs/manuals/iraq)

<http://ncptsd.va.gov/ncmain/ncdocs/manuals/iraq> (?)

Cell Phones for Soldiers-(recycled for cash to buy calling cards)

<http://www.cellphonesforsoldiers.com/>

Child abuse can happen anywhere, anytime, in every socio-economic group.

<http://www.childhelp.org/pages/hotline>

CinCHouse Operation Homefront's CinCHouse.com is the largest online magazine and web-based community for military wives, girlfriends and women in uniform. www.cinchouse.com

Comfort Zone Camp

Lynne B. Hughes founded Comfort Zone Camp to help children who have experienced the death of a loved one. The weekend camps are for children ages 7 to 17. The camp is free and travel scholarships may be provided.

www.comfortzonecamp.org

Center for the Prevention of Sexual and Domestic Violence

2400 North 45th St., Suite 10

Seattle, WA 98103

206-634-1903

<http://www.ncdsv.org/>

Fisher House (Provides homes to unit families during hospitalization) <http://www.freedomcalls.org> (?)

Freedom Calls (video conferencing families with Iraq soldiers) <http://www.freedomcalls.org>. (?)

Groceries for Families (Gift certificates to commissary) <http://www.commissaries.com/certificheck/>.

Homes for Our Troops (assists injured vets adapt homes) <http://www.homesfortroops.org/>.

How to Report Suspected Child Abuse

Fact: Children being abused cry in silence for someone to come and help them.

If you suspect child abuse or neglect, it should be reported to local law enforcement, social service agency, or child protective services. The following is a toll-free hot-line recommended by the U.S. Department of Health and Human Services Administration that may also prove useful to you.

Child Abuse Hotline

(1-800-422-4453)

24 HOURS A DAY

To locate and track registered offenders in your neighborhood. Stay aware of dangers that surround your home and your loved ones. Go to: <http://www.familywatchdog.us/>

Family Guide Building Blocks For a Healthy Future- available from:

<http://www.bblocks.samhsa.gov/store/>

Fisher House <http://www.fisherhouse.org>

Food Stamps and FSSA

The Food Stamp Program (www.fns.usda.gov) enables low-income families to buy nutritious food with Electronic Benefits Transfer (EBT) cards. Food stamp recipients spend their benefits to buy eligible food in authorized retail food stores, including the commissary. To pre-qualify online, go to the website and click on "Pre Screening Tool." For more information, go to: www.dmdc.osd.mil or <https://www.dmdc.osd.mil/appj/dwp/index.jsp>

Give an Hour Give an Hour Project asks mental health providers to donate one hour per week for a year to assist service members or family members who need these services. www.giveanhour.org

Gold Star Mother's of America www.goldstarmoms.com/

Gold Star Wives of America

Gold Star Wives of America, Inc. This military survivor's organization has been serving war widows, widowers, and veterans with service-connected disabilities since 1945. Gold Star Wives of America is a non-profit organization dedicated to the needs (except monetary), concerns and welfare for widows of deceased service members. The organization is located in all 50 states and works in government, industry, commercial enterprises, in homes, and in schools throughout the country. Members of Gold Star Wives of America also volunteer their services in the community and in military and veterans hospitals.

Gold Stars Wives of America, Inc.

2900 P Street, SE

Washington, DC 20020-3625

Phone: (202) 584-3503

<http://goldstarwives.org>

Health Resource Center on Domestic Violence FVFP

383 Rhode Island St., Suite 304

San Francisco, CA 94103-5133

800-313-1310

www.endabuse.org/health

In Memory Memorial Plaque Project Members.aol.com/vietwarmem/plaque.htm

Intrepid Fallen Heroes Fund (assists injured vets adapt homes)

<http://www.fallenheroesfund.org/>



Lutheran Military Veterans and Families Ministries, Inc. (LMVFM)

The LMVFM provides veterans and their family members with short term counseling, support programs and assistance in locating the appropriate care resources. We provide congregations, care providers, service agencies, and groups with inexpensive, up to date quality training programs. These programs are designed to focus on the unique needs of veterans and their families, and thoroughly examine underlying issues that are created by military service. We serve as an educational resource, providing information sheets covering a wide range of military care information. Additionally the LMVFM assists veterans and caregivers in locating services and resources, and contact information for veterans and their family members in their area.

As a Christian ministry, the LMVFM draws its strength from God, and follows His example of mercy and forgiveness in the application of human care. All veterans and their family members, regardless of their faith

identification are welcomed by the LMVFM, and eligible to receive services. Care and services are provided to veterans and their family members without cost. For more information please contact us at:

260-755-2237

260-755-2239

www.lmvfm.org.

Marine for Life <http://www.marineforlife.com>

Military Children and Youth <http://www.mfred.calib.com/mcy> (?)

Medicare www.medicare.gov

Military Child Education Coalition (MCEC)

The Military Child Education Coalition is a 501© (3) non-profit, world-wide organization that identifies the challenges that face the highly mobile military child, increases awareness of these challenges in military and educational communities and initiates and implements programs to meet the challenges. MCEC's goal is to level the educational playing field for military children wherever they are located around the world and to serve as a model for all highly mobile children.

<http://www.militarychild.org/>

Military Family Resource Center

http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF_HOMEPAGE

Military Funeral Honors Program <http://www.militaryfuneralhonors.osd.mil>

Military Moms (Support to Moms with children in the military) <http://www.militarymoms.net/index.html>

Military Money

In Charge Education Foundation developed **Military Money** to provide an authoritative financial resource for military families and help ensure the fighting readiness of America's armed forces by enhancing their financial readiness to make informed decisions in their everyday lives. The magazine and its companion website, explore such personal finance issues as money management, home and family life for military families, education and career advice, deployment and relocation, and transitioning to the civilian world.

www.militarymoney.com

Military Parents: We Regret to Inform You

This upcoming and critically needed survival guide will help Gold Star mothers and fathers who bear the burden of living the ultimate sacrifice made by their sons and daughters.

<http://military-parents.com/>

Military Sentinel

Military Sentinel is a project of the Federal Trade Commission and the Department of Defense to identify and target consumer protection issues that affect members of the Armed Forces.

https://www.ftccomplaintassistant.gov/military_home.htm

Military Spouses' Career Network www.mscn.org

Military Spouse Help www.militaryspousehelp.com

Military Youth on the Move

<http://apps.mhf.dod.mil/pls/psgprod/f?p=MYOM:HOME:0>

Mustard Seed Furniture Bank

Their mission is to help rebuild the lives of families and individuals who have suffered disaster, personal tragedy or adverse circumstances by proving household furniture. Beds4Kids. Mon- Fri (10am-4pm.)
3636 Illinois Rd.

Ft. Wayne, IN 46804

<http://www.mustardseedfortwayne.com/>

National Center on Domestic and Sexual Violence

7800 Shoal Creek Blvd., Suite 120-N

Austin, TX 78757

512-407-9020

www.ncdsv.org

National Clearinghouse for the Defense of Battered Women

125 South 9th St., Suite 302

Philadelphia, PA 19107

215-351-0010

National Clearinghouse on Abuse in Later Life

WCADV

307 South Paterson St., Suite 1

Madison, WI 53703-3041

608-255-0539

National Clearinghouse on Marital and Date Rape

2325 Oak Street

Berkeley, CA 94708 510-524-1582

National Coalition Against Domestic Violence

PO Box 18749

Denver, CO 80218

www.ncadv.org

National Coalition for Homeless Vets 1-800-VET-HELP

National Conference of Viet Nam Veteran Ministers

This unique organization is made up of an ecumenical group of clergy who served in Vietnam as chaplains during the war or were ordained after. There are currently 64 members. Its purpose is to act as a resource to aid in the understanding and treatment of post-traumatic stress disorder.

P.O. Box 2965

Attleboro, MA 02703-0963

508.222.7313 T

vetlady40@aol.com

<http://www.vietnamveteranministers.org/>

National Domestic Violence Hotline

1-800-799-7233

1-800-787-3244 (TTY)

National Military Family Association (NMFA)

1-800-260-0218

www.nmfa.org

National Resource Center on Domestic Violence PCADV

6400 Flank Drive, Suite 1300

Harrisburg, PA 17112

800-537-2238 www.nrcdv.org

National Sexual Assault Hotline: 800-656-HOPE

Northwest Indiana New Hope Outreach Abuse Prevention & Child Safety

Abuse Awareness and Prevention For parents/care-givers: One-hour workshop and written information.

For organizations: Two-hour workshop and information packet. Child-Safety Workshops: For children:

Discreet, comprehensive workshops for pre-school through 8th grade. Topics covered in these workshops

include general safety tips to keep kids safe, safe strangers, Internet safety, bullying, good touch/bad touch and much more. We provide Toxic Relationship video workshops for 9th-12th grade. For parents/care-givers: General safety tips, Internet safety, bullying, latch-key children, child safety in youth sports, being street-wise and safe and much more.

New Hope Outreach

PO Box 732

Griffith, IN 46319

Operation: A Bit of Home (supplies toiletries & misc. to troops) <http://www.operationabitofhome.com/>

Operation Air Conditioner: (Air Conditioners & heaters to those in Iraq and Afghanistan)
<http://www.operationac.com/>

Operation Give: (toys, clothing, school supplies to children of Iraq and Afghanistan)
<http://www.operationgive.org/>

Operation Hero Miles: (donate your used frequent flier miles to soldiers & families on emergency leave) <http://www.militaryhub.com/article.cfm?id=214>

Operation Independence: (care packages to deployed soldiers)
<http://206.71.171.81/about.shtm>

Operation Iraqi Children: (school supplies kits to Iraq) <http://www.operationiraqichildren.org/>

Operation Military Pride: (sends cards, letters, & care packages to troops)
<http://www.operationmilitarypride.org/>

Operation Uplink: (phone cards to troops to call home)
https://secure2.convio.net/vfw/site/SPageServer?pagename=operation_uplink

Operation Welcome Home: (to greet our loved ones when they return)
<http://www.operationwelcomehome.org/>

Save your ink cartridges & cell phones, cash sent to troops:
<http://www.soldiers4soldiers.com/indexs.asp>

Special Needs Network: <http://www.militaryspecialneedsnetwork.com/>

Soldiers' Angels: (adopt a service member) <http://www.soldiersangels.org/>

Sons and Daughters in Touch <http://www.sdit.org/>

STOMP (Specialized Training of Military Parents)

STOMP is a federally funded Parent Training and Information (PTI) Center established to *assist military* families who have children with special education or health needs. The staff of the STOMP Project are parents of children who have disabilities and have experience in raising their children in military communities and traveling with their spouses to different locations **STOMP** serves families in four main ways:

- By providing information and training about Laws, regulations and resources for military families of children with disabilities
- By connecting families to other families
- By assisting parents and professionals in developing their own community parent education/support group
- By providing a voice to raise awareness of issues faced by military families of children with disabilities.
www.stompproject.org

Strategic Outreach to Families of All Reserves (SOFAR)

A Pro Bono project to provide mental health services to families of Army Reservists. <http://www.sofarusa.org/>

Presidential Memorial Certificate

This is a parchment certificate with a calligraphic inscription expressing the nation's grateful recognition of an honorably discharged, deceased veteran's service in the Armed Forces. The veteran's name is inscribed and the certificate bears the signature of the President.

To obtain this certificate

The family may request a Presidential Memorial Certificate (PMC) either in person at any VA regional office or by U.S. mail. Requests cannot be sent via email. There is no form to fill out when requesting the certificate. Please send your PMC request in one of the following manners:

1. Fax your request and all supporting documents (copy of discharge and death certificate) to: (202) 565-8054,
2. Mail your request and all supporting documents using either the U.S. Postal Service or a commercial mail service, such as one of the overnight or express mail delivery services, to the:

National Cemetery Administration (403A) Department of Veterans Affairs

810 Vermont Avenue, NW

Washington, DC 20420-0001

<http://www.cem.va.gov/cems/listcem.asp>

Operation Military Kids www.operationmilitarykids.org

P. T. S. D. Links http://www.ptsdsupport.net/ptsd_links.html

Reserve Affairs <http://www.defenselink.mil/ra/>

Resources for People working with Military Personnel and Their Families

<http://kspope.com/torvic/war.php>

Returning from the War Zone a Guide for Families of Military Members (National Center for PTSD)

National Center PTSD <http://www.ncptsd.va.gov/ncmain/index.jsp>

Resource Center on Domestic Violence: Child Protection and Custody Family Violence Department.

NCJFCJ

PO Box 8970

Reno, NV 89507

800-527-3223

www.nationalcouncilfvd.org

Retirement Services <http://www.armyg1.army.mil/rso/>

Military Special Needs Networks: <http://www.militaryspecialneedsnetwork.com/>

http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF_HOME_1?section_id=20.40.500.570.0.0.0.0
[.0](http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF_HOME_1?section_id=20.40.500.570.0.0.0.0)

Social Security Administration www.ssa.gov/

Social Security Survivor Benefits

<http://www.ssa.gov/pubs/10084.html>

Soaring to Glory The U.S.A.F. Memorial Foundation www.airforcememorial.org

Sons and Daughters in Touch www.sdit.org

Strong Bonds

Strong Bonds is a unit-based, chaplain-led program that helps Soldiers and their Families build strong relationships. It includes four sub-programs: Single soldier program (Helps warriors choose wisely and build life-long, Couple program, Family program, and Couples preparing for or returning from deployment.)

www.strongbonds.org

Substance Abuse and Mental Health Services Administration Center for Substance Abuse Prevention

<http://prevention.samhsa.gov/>

Suicide Hotlines:

VA Suicide Prevention - Are You a Veteran in Crisis?

800-273-TALK (8255), Veterans then Press 1

1-888-649-1366

1-800-SUICIDE

1-800-784-2433

Suicide Help Online:

<http://www.mentalhealth.va.gov/>

<http://www.hopeline.com>

<http://www.spanusa.org>

Taxes <http://www.irs.gov/>

The Tragedy Assistance Program for Survivors

<http://www.taps.org/>

The Veterans Coalition (to support our troops) <http://www.theveteranscoalition.org/>

The Moving Wall-Vietnam Combat Veterans Ltd. <http://www.themovingwall.org>

The Virtual Wall www.virtualwall.org

Were you (a veteran) deployed in hostile areas and now have unexplained deployment related illness?

Call (800) 248-8005 or visit www.wri.med.va.gov for more information.

United Concordia Companies, Incorporated <http://www.ucci.com>

United Spinal Association <http://www.unitedspinal.org/pages.php?catid=205>

U.S. VETS

U.S. VETS is dedicated to helping homeless veterans. More than 250,000 veterans will sleep on the streets of our nation tonight. Our vision is that one day there will no longer be homeless veterans in America. Call **U.S. VETS** at **(202) 546-6994**, or fax at **(202) 546-6748**. <http://www.usvetsinc.org/>

Women Organizing Women www.vetwow.com

VietVets

Provides practical information (e.g., on veterans' benefits),

<http://www.vietvet.org/>

Veterans and Families

Veterans and Families Coming Home is a national non-profit community service and support organization, founded and directed by veterans, parents, grandparents, family members, employers, mental health professionals, academics and community leaders.

<http://www.veteransandfamilies.org/home.html>

Zero to Three

ZERO TO THREE'S mission is to support the healthy development and well-being of infants, toddlers and their families. A national nonprofit multi-disciplinary organization that advances our mission by informing, educating and supporting adults who influence the lives of infants and toddlers.

<http://www.veteransandfamilies.org/home.html>

IV. Articles

A Survivor's Guide to Benefits: Taking Care of Our Own

This DoD guide provides an extensive list of resources, including information on survivor benefits, veteran's affairs, and healthcare as well as information about private organizations that support military survivors.

http://www.militaryhomefront.dod.mil/dav/lsn/LSN/BINARY_RESOURCE/BINARY_CONTENT/1936651.pdf

Adjustments Among Adolescents in Military Families When a Parent Is Deployed

Final Report June 30, 2005 (Military Family Research Institute Purdue University)

<http://www.mfri.purdue.edu/content/reports/Adjustments%20among%20605.pdf>

The American Psychiatric Association A Vision for the Mental Health System April 3, 2003

http://www.psych.org/news_room/press_releases/visionreport040303.pdf

The Effect of Combat-Related Posttraumatic Stress Disorder on the Family

<http://www.ncbi.nlm.nih.gov/pubmed/3064117>

The Emotional Cycle of Deployment: A Military Family Perspective

<http://hooah4health.com/deployment/familymatters/emotionalcycle.htm>

Hidden Toll of the War in Iraq Mental Health and the Military September, 2004

<http://www.americanprogress.org/kf/hiddentoll91404.pdf>

The Impact of Deployment on the Military Family

http://www.rand.org/pubs/working_papers/2008/RAND_WR566.pdf

Iraq War Clinician Guide, 2nd Edition (online)

<http://www.globalsecurity.org/military/library/report/2004/040600-iraq.htm>

Impact of the Threat of War on Children in Military Families

[http://www.jpedhc.org/article/S0891-5245\(02\)00015-9/abstract](http://www.jpedhc.org/article/S0891-5245(02)00015-9/abstract)

Interpreting Symptoms in Military Personnel after Combat. Abstract (START)

<http://www.ncbi.nlm.nih.gov/pubmed/16731251>

Mental Health Advisor Team (MHAT) V

<http://www.armymedicine.army.mil/news/releases/20080306mhatv.cfm>

Multiple Transitions of Deployment and Reunion for Military Families Purdue University June 22, 2006

<http://www.cfs.purdue.edu/mfri/>

The President's New Freedom Commission Report www.MentalHealthCommission.gov

The Promotion of Mental Health and The Prevention of Mental and Behavioral Disorders: Surely the Time is Right (International Journal of Emergency Mental Health)

<http://mentalhealth.samhsa.gov/publications/allpubs/svp05-0151/>

Resource Guide: Veterans of Operation Iraqi Freedom and Enduring Freedom

http://www.veterans.msstate.edu/pdf/VA_Services_for_Veterans_of_OIF_and_OEF_Fact_Sheet.pdf

The Returning Veteran of the Iraq War: Background Issues & Assessment Guidelines

http://ncptsd.va.gov/ncmain/ncdocs/manuals/iraq_clinician_guide_ch_3.pdf **

School Mental Health Services in the United States 2002-2003

<http://mentalhealth.samhsa.gov/publications/allpubs/sma05-4068/>

Working with the Bereaved: U.S. Army Experiences with Nontraditional Families. Read Abstract

<http://www.informaworld.com/smpp/content~db=all~content=a781310555>

V. Books

- A Bloody Business: America's War Zone Contractors and the Occupation of Iraq.** by Colonel Gerald Schumacher. (Zenith Press, 2006).
- A Few Good Women: America's Military Women From WWI to the Wars in Iraq and Afghanistan** Evelyn M. Monahan, Rosemary Neidel-Greenlee (Alfred A. Knopf New York, 2010)
- A Families Guide to the Military: For Dummies.** by Sheryl Garrett and Sue Hoppin. (Wiley Press, 2009)
- A War of Nerves: Soldiers and Psychiatrists in the Twentieth Century.** Ben Shephard (Harvard University Press, 2001)
- Achilles in Vietnam: Combat Trauma and the Undoing of Character.** Jonathan Shay, M.D., PH. D.
- Acts of War: The Behavior of Men in Battle,** by Richard Holmes (Free Press 1985)
- After the War Zone: A Practical Guide for returning Troops and Their Families.** by Laurie B. Slone, Matthew J. Friedman. (Da Capo Lifelong, 2008)
- An Intimate History of Killing: Face to Face Killing in 20th Century Warfare.** Joanna Bourke (Basic Books, 1999)
- Army Wives.** by Tonya Biank. The unwritten code of military marriage. (St Martin's Press, 2007)
- Band of Sisters: American Women at War in Iraq.** by Kirsten Holmstedt. (Stackpole Books, 2007).
- Back From the Front: Combat Trauma, Love, and the Family** Aphrodite Matsakis, PH.D. (Sidran Institute Press, 2007)
- Blood Makes the Grass Grow Green: A Year in the Desert with Team America.** by Johnny Rico. (Presidio Press (Random House), 2007)
- Chicken Soup for the Military Wife's Soul,** by Jack Canfield, Mark Hansen, Charles Preston, and Cindy Pederson. (Health Communications, 2005).
- [Clinician's Guide to Treating]Stress After War: Education and Coping Interventions for Veterans** Julia M. Whealin, Lorie T. DeCarvalho, Edward M. Vega (Wiley, 2008) *See also* Strategies for Managing Stress After War.
- The Code of the Warrior: Exploring Warrior Values Past and Present.** Shannon E. French (Rowman & Littlefield, 2003)
- Combat Corpsman.** By Greg McPartlin. (Penguin, 2005)
- Combat Stress.** by U.S. Marine Corps. (University Press of the Pacific, 2004).
- Combat Stress Reaction: The Enduring Toll of War.** by Zahava Solomon. (Plenum Press, NY 1993)
- Counseling Military Families: What Mental Health Professionals Need to Know.** Lynn K. Hall (Routledge, 2008)
- Courage After Fire,** by Keith Armstrong, Suzanne Best and Paula Domenici. Offers coping strategies for returning troops and their families, including reconnecting with loved ones. (Ulysses, 2006)
- The Day After He Left For Iraq,** by Melissa Seligman (Skyhorse Publishing, 2008)
- Deployment Journal for Parents** Rachel Robertson, Copyright @ 2008 A personal journal for parents who have an adult child deployed with the military. Gentle journal writing prompts and inspirational sayings guide you through deployment and homecoming. Keeping Track section in the back helps you log milestones, communication, and special moments.

Down Range to Iraq and Back, by Bridget C. Cantrell and Chuck Dean. Discusses why many veterans suffer from flashbacks, depression and other effects of post-traumatic stress disorder. (Word Smith Publishing, 2005)

Faith Deployed: Daily Encouragement for Military Wives, by Jocelyn Green (Moody Publishing, 2009)

The Fighting 69th: One Remarkable National Guard Unit's Journey from Ground Zero to Baghdad By Sean Michael Flynn (Viking, 2007)

Final Salute: A Story of Unfinished Lives. by Jim Sheeler. (Penguin Press, 2008).

Flashback: Posttraumatic Stress Disorder, Suicide, and the Lessons of War. by Penny Coleman. (Beacon Press, 2006).

Flying For Her Country. by Amy Goodpaster Strebe. The American and Soviet women military pilots of World War II. (Praeger Security International, 2007).

The Girls Come Marching Home. by Kirsten Holmstedt. Stories of women warriors returning from the war in Iraq. (Stockpole Books, 2009).

Going Overboard: The Misadventures of a Military Wife, by Sarah Smiley (Penguin Group, 2005).

Grace Under Fire: Letters of Faith in Times of War. Andrew Carroll (Doubleday, 2007)

Haunted by Combat: Understanding PTSD in War Veterans Including Women, Reservists, and Those Coming Back from Iraq. By Daryl S. Paulson, Stanley Krippner (Praeger Security International, 2007)

Help! I'm a Military Spouse: I Want a Life Too. by Kathie Hightower and Holly Scherer (Hightower and Scherer, 2005).

Hidden Battles on Unseen Fronts: Stories of American Soldiers with Traumatic Brain Injuries and PTSD By Patricia Driscoll, Celia Strauss (Casemate, 2009)

Home Fires Burning: Married to the Military for Better or Worse, by Karen Houppert (Random House, 2006).

The Homefront Club: The Hardheaded Woman's Guide to Raising a Military Family, by Jacey Eckhart (Naval Institute Press, 2005).

Homeward Bound: American Families in the Cold War Era. by Elaine Tyler May. (Basic Book, 2003)

Honor Betrayed: Sexual Abuse In America's Military. by Dr. Mic Hunter. (Barricade Books, 2007)

Humanity: A Moral History of the Twentieth Century. by Jonathan Glover. (Yale University Press, 2000)

I Want You to Know Me: Love, your American hero: Vickie L. Mullins, Copyright @ 2007
 Are you messy or neat? Are you a deep sleeper or a light sleeper? Can you roll your Rs? Do you ask for directions? While our country's sons and daughters are away, they desperately need to know they are still connected back home. Through this book, *I Want You to Know Me ... Love, Your American Hero*, every day mom and dad can see their hero's hand-written words describing how he thinks, feels and looks. Yes, he has a cleft in his chin; it's just like his grandfather's. Mom and dad can touch their hero's heart from a distance. The American hero's husband or wife can hold the dog-eared copy of their spouse's book and picture the answers without opening the cover. Yes, he did a flip off the diving board, and we spent the night in the hospital repairing the damage. Their relationship grows stronger. *I Want You to Know Me ... Love, Your American Hero*, is a creative way to connect the families to their American Hero.

The Last True Story I'll Ever Tell: An Accidental Soldier's Account of the War in Iraq. by John Crawford. (Riverhead Books, 2006)

Living and Surviving in Harm's Way: A Psychological Treatment Handbook for Pre-and Post-Deployment of Military Personnel. by Sharon Morgillo Freeman, Bret A. Moore and Arthur Freeman. (Routledge Taylor & Francis Group, 2009)

The Long Road Home. by Martha Raddatz. (Penguin Group, 2007)

The Lonely Soldier: The Private War of Women Serving in Iraq. By Helen Benedict (Beacon Press 2009)

Love My Rifle More Than You: Young and Female in the U.S. Army. by Kayla Williams. (Weidenfeld & Nicolson, 2006).

Made Not Borne: Why Some Soldiers are Better Than Others. by Bruce Newsome. (Greenwood Publishing Group, 2007).

Mass Casualties: A Young Medic's True Story of Death, Deception and Dishonor in Iraq. by SPC. Michael Anthony. (Adams Media, 2009).

Married to the Military: A Survival Guide for Military Wives, Girlfriends, and Women in Uniform, by Meredith Leyva (Simon & Schuster, 2003).

Military Life. Edited by Carl Andrew Castro, Amy B. Adler, and Thomas W. Britt. The psychology of serving in peace and combat. (Praeger Security International, 2006)

Military Psychology: Clinical and Operational Applications. by Carrie H. Kennedy, Eric a. Zillmer. (Guilford Press, 2006).

Military Veterans PTSD Reference Manual. by I.S. Parrish. (Infinity, 1999)

Military Widow: A Survival Guide. by Joanne M. Steen, and M Regina Asaro. (Naval Institute Press, 2006)

Minefields of the Heart: A Mother's Stories of a Son at War Sue Diaz, Copyright @ 2010

How do combat veterans and their loved ones bridge the divide that war, by its very nature, creates between them? How does someone who has fought in a war come home, especially after a tour of duty marked by near-daily mortar attacks, enemy fire, and roadside bombs? With a journalist's eye and a mother's warmth, Sue Diaz asks these questions as she chronicles the two deployments to Iraq of her son, Sgt. Roman Diaz, from the perspective of the home front.

My Men are My Heroes: The Brad Kasal Story. by Brad Kasal, Nathaniel R. Helms. (Meredith Books, 2007).

The National Guard Reserve: A Reference Handbook. by Michael D. Doubler. (Greenwood Publishing, 2008).

Once A Warrior Always A Warrior: Navigating the Transition from Combat to Home Including Combat Stress, PTSD and mTBI. Charles W. Hoge, MD (Guilford Press, 2010)

On Combat: The Psychology and Physiology of Deadly Conflict in War and in Peace. By Dave Grossman and Loren W. Christensen. (Warrior Science publications, 2008)

One Bullet Away: The Making of a Marine Officer By (CPT) Nathaniel Fick (Houghton Mifflin Co., 2005)

On the Frontline: A Personal Guidebook for the Physical, Emotional, and Spiritual Challenges of Military Life. by Tom Neven. (WaterBrook Press, 2006)

On Killing: The Psychological Cost of Learning to Kill in War and Society. By Lt. Col. Dave Grossman. (Back Bay Books, 2009)

Operation Homecoming: Iraq, Afghanistan, and the Home Front, in the Words of U.S. Troops and Their Families. (University of Chicago Press, 2006, 2008)

Perpetration-Induced Traumatic Stress: The Psychological Consequences of Killing by Rachel M. MacNair (Praeger, 2002)

Prisoners of War. by Arnold Krammer. (Praeger Security International, an Imprint of Greenwood Publishing, 2008)

The Psychology of War: Comprehending Its Mystique and Madness. by Lawrence LeShan. (Helios Press, 2002).

Returning Wars' Wounded, Injured, and Ill: A Reference Handbook. By Nathan David Ainspan and Walter Penk (Praeger Security International, 2008)

Rule Number Two: Lessons I learned in a Combat Hospital. By Dr. Heidi Squier Kraft. (Little Brown and Company, 2007).

Separated By Duty, United in Love: A Guide to Long-Distance Relationships. By Shellie Vandevoorde. (Citadel Press, 2003, 2006, 2010)

Sharpening The Warriors Edge: Psychology & Science of Training, by Bruce K. Siddle (Siddle, 1995)

Shook Over Hell: Post Traumatic Stress, Vietnam, and the Civil War By Eric T. Dean, Jr. (Harvard University Press, 1997).

Soft Spots: A Marine's Memoir of Combat and Post-Traumatic Stress Disorder. by Clint Van Winkle. (St Martin's Press, 2009).

The Soldier's War: The great War Through Veterans' Eyes. By Richard Van Emden (Bloomsbury, 2008)

Souls Under Siege: The effects of Multiple Troop Deployments and How to Weather the Storm. By Bridget C. Contrell, Ph.D. (Hearts Toward Home International, 2009).

Strategies for Managing Stress After War: Veteran's Workbook and Guide to Wellness Julia M. Whealin, Lorie T. DeCarvalho, Edward M. Vega (Wiley, 2008) *See also* [Clinician's Guide to Treating]Stress After War: Education and Coping Interventions for Veterans

Steel My Soldiers Hearts: The Hopeless to Hardcore Transformation of the U.S. Army, 4th Battalion, 39th Infantry, Vietnam. by Col. David H. Hackworth and Eilhys England. (Touchstone, 2002)

Steeling the Mind: Combat Stress Reactions and Their Implications for Urban Warfare. By Todd C. Helmus and Russell w. Glenn. (Rand, 2005).

Surviving Deployment: A Guide for Military Families, by Karen M. Pavlicin. A basic book for dealing with deployment and accompanying stress. (Elva Resa Publishing, 2003).

Today's Military Wife: Meeting the Challenges of Service Life. by Lydia Sloan Cline (Stackpole, 2003).

Trained to Kill: Soldiers at War. By Theodore Nadelson. (The John Hopkins University Press, 2005)

Under the Sabers. By Tonya Biank. The unwritten code of Army wives. (St Martin's Press,2006).

The Untold War: Inside the Hearts , Minds, and Souls of Our Soldiers By Nancy Sherman (W.W. Norton & Co., Inc., 2010)

Unspeakable Acts, Ordinary People: The Dynamics of Torture, by John Conroy (Knopf, 2000)

The Untold War: Inside the Hearts, Minds, and Souls of Our Soldiers. by Nancy Sherman. (W. W. Norton and Co., 2010).

U.S. Army Combat Stress Control Handbook. by the Department of the Army. (Lyons Press, 2003).

War: As Soldiers Really Live It. Sebastian Junger (Twelve Hachette Book Group, 2010)

War and Soul: Healing Our Nation's Veterans from Post-Traumatic Stress Disorder. By Edward Tick, Ph.D.(Quest Books, 2005)

War is a Force That Gives Us Meaning. by Chris Hedges. (Paw Prints, 2008)

The Warrior: A Mother's Story of a Son at War. by Frances Richey. (Penguin Books, 2008).

The Warrior Image: Soldiers in American Culture from the Second World War to the Vietnam Era by Andrew J. Huebner. (University of North Carolina, 2008-03-03)

Warrior Mindset: Mental Toughness Skills for a Nation's Peacekeepers, by Michael J. Asken, PhD, LTC Dave Grossman with Loren W. Christensen (Human Factor Research Group, 2010)

We Band of Angles. by Elizabeth M. Norman. An untold story of American nurses trapped on Bataan by the Japanese. (Pocket Books, 2000)

Welcome Them Home, Help Them Heal: Pastoral Care and Ministry With Service Members Returning From War by John Sippola LTC ret., Amy Blumenshine MSW., MA, Donald A. Tubesing, PhD, MDiv., Valerie Yancey, PhD, RN (Wheatridge, 2009)

What Was Asked of Us: An Oral History of the Iraq War by the Soldiers Who Fought It By Trish Wood (Little Brown and Company, 2006)

Wheels Down: Adjusting to Life After Deployment By Brett A. Moore, Carrie H. Kennedy (APA LifeTools 2010) Practical advice covering the unique challenges of returning home from war.

When war Becomes Personal: Soldiers' Accounts From the Civil War to Iraq Edited by Donald Anderson (University of Iowa Press 2008)

While They're at War: The True Stories of American Families on the Homefront, by Kristin Henderson (Houghton Mifflin, 2005).

Women in the Line of Fire. by Erin Solaro. What you should know about women in the military. (Seal Press, 2006)

Women at War: Iraq, Afghanistan, and Other Conflicts. by James E. Wise and Scott Baron. (Naval Institute Press, 2006)

Women Warriors: A History. by David E. Jones. Paperback (Brassey's, 2000)

Wounded Warriors: Those for Whom the War Never Ends. by Mike Sager (Da Capo Press, 2008)

VI. DVD's and Other Media

Battle for Haditha By Nick Broomfield (Film4 HanWay Films, 2007) Reality, death, loss

Lioness by Meg Mclagan and Daria Sommers (Docuramafilms, 2008) An honest, and insightful film that illuminates the reality that women in the US Armed Forces are not only actively serving in combat roles during war, but are doing so very well.

Behind the Lines: In War, Sanity is the Ultimate Casualty (see also Regeneration) By Gillis MacKinnon based on the book by Pat Barker. Artisan Films. Based on the work of WWI military psychologist W.H.R.Rivers and two of his famous patients Siegfried Sasson and Wilfred Owen.

Beneath Hill 60: After Gallipoli Was Still a War to be Won (Ikano Film Sdn.Bhd, 2010) WWI true accounts based on diaries.

The Hurt Locker By Mark Boal (Summitt Entertainment, 2010) This is an excellent resource for teaching students, and clients through the process of performing character studies.

Occupation Dreamland: This is Falluja. Be Careful of Falluja By Garrett Scott and Ian Olds (Greenhouse Pictures, 2004) Documentary. Excellent account of the Battle for Falluja-with accurate footage.

Restrepo by Tim Hetherington and Sebastian Junger (Virgil Films, 2010) A moving documentary chronicles an platoon of Airborne Army platoon deployed to a remote 15 man outpost in Afghanistan's Korengal Valley. It's a movie about soldiers, told by soldiers. *Filmographer Tim Hetherington was later killed covering the war in Lybia may 2011.

To Save a Life: Everyone Has Problems Not Everyone Has Faith By Jim Britts (Sony Pictures, 2010) Deals with suicide, guilt and faith

Voices of War: Stories of Service From the Homefront and the Frontlines (Library of Congress, 2004) a National Geographic presentation, and Veterans History Project covering WWI through Gulf War 1. 8 CD's.

VII. Devotionals/Religious

Battlefields and Blessings: Stories of Faith and Courage from the Civil War by Terry Tully, 2006
The period from 1861-1865 proved to be one of the greatest periods of trial and suffering in our nation's history. A significant lapse of time had passed since America had engaged in the horrors of war. After the war of 1812, little memory remained of the fact that war could be "hell." A veteran of the war with Mexico, General "Stonewall" Jackson wrote to his wife and said, "People who are anxious to bring on war don't know what they are bargaining for; they don't see all the horrors that must accompany such an event."

Battlefields and Blessings: Stories of Faith and Courage from the Revolutionary War Jane Hampton (Cook, Copyright @ 2007) This daily devotional offers nourishment for the soul with inspiration and patriotic thoughts through 365 stories.

Battlefields and Blessings: Stories of Faith and Courage from the War on Terrorism Jane Hampton Cook, John Croushorn, Jocelyn Green, Copyright @ 2009 *Stories of Faith and Courage from the War on Terrorism* is a 365 day collection of inspiring stories of courage, perseverance and faith based on first-hand accounts of more than seventy who have served in the war in Iraq and Afghanistan. Through multiple, never-before-told stories, readers will uncover the personal challenges of the battlefield. In *Battlefields & Blessings: Stories of Faith and Courage from the War on Terrorism* you'll end the experiences and perspectives of deployed soldiers, chaplains, military wives and parents, organizers of humanitarian efforts, veterans suffering from post-traumatic stress disorder.

Bullet Proof Faith CH Jeff Struecker

Jeff Struecker was a sergeant during the battle in Mogadishu made famous by the book and movie "Black Hawk Down." This is the story of his courage and faith. Available **free of charge** - To order these please contact Dr. Bill Buck at Buck Publishing Company, 2409 Vestavia Dr, Birmingham, AL, 35216 or at (205) 979-2296.

Daily Strength for the Battle Chaplain (Colonel) Scott McChrystal, Copyright @ 2010

The *Daily Strength for the Battle Series* are manuals for Christian growth, written in everyday language and loaded with practical insights from God's Word in correlation with real life stories.

- Seven weeks of teaching and insights for every battle.
- A new theme each week.
- Practical wisdom taken from real battlefield stories.
- Reflections on God's word for the trials of each day.
- Pocket sized 130 pages.

The *Daily Strength for the Battle Series* is written for anyone who wants to strengthen their walk with God. Originally begun 15 years ago for military warriors going through tough training at a combat training center, these devotionals quickly proved to have wide appeal. Military family members and civilians from all walks of life have expressed their appreciation for the powerful biblical lessons shared in a brief, practical, and interesting style.

www.dailystrengthforthebattle.com

Excellent or Praiseworthy-A devotional to help military families stay connected during deployments

It is our goal to minister to you and to help you think about things which will refresh and comfort you during this time of war. We want you to have hope! We know that there is a battle in the mind—a spiritual battle against discouragement and fear. But for those who persevere under trial there are great promises. A publication of Campus Crusade for Christ Military Ministry.

www.excellentorpraiseworthy.org

Experiencing God Day-By-Day Devotional Henry T. Blackaby, Richard Blackaby, Copyright @ 1998
God has allowed Blackaby Ministries International to make available this version of the *Experiencing God Day-by-Day Devotional* to the military **free of charge**. We hope that this book will help convey God's love to the men and women in the military and help them to know that they can have courage and peace in their difficult circumstances. Please go to the [National Day of Prayer's Military Ministry](http://www.blackaby.org) page to receive one of these devotionals. Shipping charges apply for bulk orders.
www.blackaby.org.

Faith Deployed: Daily Encouragement for Military Wives Jocelyn Green (with contributing authors from every branch of the U.S. military), Copyright @ 2008

As a military wife, if you have ever felt overlooked and undernourished as you strive daily to meet the needs of everyone around you—in a culture that largely does not understand your stressful lifestyle—this book is for you. *Faith Deployed* is not a guide to long-distance relationships or a how-to on navigating through the military culture. It does not offer “ten easy steps” for an easier, painless life. Instead, through squarely addressing the challenges you face, *Faith Deployed* will equip you to respond biblically to the daily struggles that threaten to wear you down.

SPECIAL DISCOUNT Save 40% off if you purchase more than six at a time. E-mail Gene Eble at Gene.Eble@moody.edu to obtain the discount.

Faith in the Fog of War (Volume 1): Stories of Triumph and Tragedy in the Midst of War
Chris Plekenpol, Copyright @ 2006

You want the flare of your faith to burn as intensely as a fire on the battlefield. That means digging into God's truth regardless of the chaos raging around you. These devotions are written by a man who had considered war something that someone else always did, and was then himself deployed to Iraq as a company commander. From the frontlines of the blackest days and in the face of inexplicable suffering, you'll discover the heart of the question, “Why, God?” and its often unsettling answer. Because in war, as in contemporary America, reality involves struggle, trial, and triumph. Let God meet you in the midst of life's nonsense to find the peace that is a crucial part of His impeccable plan.

Why, God? War screams the same questions whispered in everyday life. The battlefield explodes with the same tenacity of emotions that wretch our souls. Smoke fills the air just as doubt clouds our minds. Are you on the frontlines of war overseas? Or perhaps your battle is personal, deep within. These devotions, penned by Captain Chris Plekenpol while on the battlefield in Iraq, expose the depths of inexplicable suffering as well as the heights of incredible victory in God. Through every adversity and in any circumstance, you will find a still voice reminding you of God's sovereignty...in war and peace.

Faith in the Fog of War (Volume 2): Let Us Die to Make Men Free Chris Plekenpol, Copyright 2008
A Soldier's Journal: Stories of triumph and tragedy in the midst of battle. A compilation of inspiring devotionals that use life and combat situations to bring God's word to life

Finding Hope Beyond the Battle: A Bible for Military Families Copyright @ 2007

This new NIV Bible, developed specifically for military families, points to our greater hope beyond all personal and political battles. Study notes will help you explore the unfolding drama of God's story, summarized in five acts. Includes a dictionary/concordance. Front and back there are testimonies by military wives who share their real life, “rubber meets the road,” personal testimonies of how God walked with them through the fire. In the middle is the easy-to-read New International Version of the Holy Bible.

God Strong: The Military Wife's Spiritual Survival Guide Sara Horn, Copyright @ 2010

As a military wife, caring for your home and family is a mission that never stops. You want to support your husband while he serves, but you often wonder if you have what it takes. As someone who has been through this herself, Sara Horn will remind you with encouraging spiritual insights that you don't have to be an army of one when you are *God Strong*.

Keepers of the Flame: Devotions for Military Spouses Judy P. Davis, Copyright @ 2007

Keepers of the Flame, Devotions for Military Spouses, will touch not only the men and women who serve our country but also the many military spouses who are left behind to carry on. May God touch many lives through each page of this book so others may know Him!

The Military Edition of OnTrack is a 12-month study through the New Testament and Proverbs written for today's military personnel. The included User Guide walks the reader through the basics of inductive Bible Study (Observation, Interpretation, Application, Implementation), allowing them to start at their current skill level and work to develop skill while diving into the meat of the Word of God. Whether you are a Chaplain looking for resources for your unit, a church with active duty military personnel or a soldier that needs a field-ready devotional guide, MOTD fits the bill.

www.simplyapilgrim.com **

Psalm 91 - God's Shield of Protection Peggy Joyce Ruth, Copyright @ 2005, 2007

"Psalm 91" is a comprehensive look at this powerful psalm and Scriptural promise of protection from spiritual and physical harm. You'll also read testimonies of soldiers and other servicemen from WWII to the Iraq war, who have been divinely guided and protected by praying this psalm or by family praying it over them. Learn how you can claim the Lord's promises for yourself and your loved ones.

Strength for Service to God and Country Copyright @ 2002

Strength for Service is the devotional written specifically for those in service of others. First published in 1942, the volume went out of print in the 1950s as armed forces personnel returned home. Fifty years later, Boy Scout Evan Hunsberger discovered his grandfather's well-worn copy of the book and made an Eagle Scout project out of seeing the volume republished. Today, the revised book has been distributed to 300,000 service personnel of many denominations. Your help is needed to share this inspiring devotional with thousands more. Whether serving on the front lines in Iraq or caring for the wounded stateside, U.S. military personnel around the world need *Strength for Service*.

www.strengthforservice.org

The One Year Yellow Ribbon Devotional: Take a Stand in Prayer for Our Nation and Those Who Serve Carol McGlothlin, Brenda Pace, Copyright @ 2008

The One Year Yellow Ribbon Devotional will encourage those of us staying behind to pray for those who are taking a stand for our freedoms. So many people are affected by the absence of those who leave home and serve in distant lands. Those who are left behind often struggle to find contentment and hope. This devotional will not only meet the needs of those individuals but will also encourage all Americans to take a stand by praying for our country and the men and women serving overseas.

The One Year Yellow Ribbon Devotional - 30 days of devotions via Operation Worship

Operation Worship brings you 30 days of devotions just for the home front heroes of those in the military. Each devotion includes a note encouragement and a prayer for your loved one on active duty. These devotions are from *The One Year Yellow Ribbon Devotional*, with 365 devotions by Brenda Pace and Carol McGlothlin. www.operationworship.com

VIII. CHILDREN'S RESOURCE BOOKS

Creative Interventions with Traumatized Children. by Cathy A. Malchiodi. (Guilford Press, 2008)

Daddy's Gone to War: The second World War in the Lives of America's Children. William M. Tuttle, Jr. (Oxford University Press, 1993)

Daddy's in Iraq, But I Want Him Back by Carmen R. Hoyt, published by Trafford (2005).

Deployment Journal for Kids by Rachel Robertson, published by Elva Resa (2005).

Finding My Way: A Teen's Guide to Living with a Parent Who Has Experienced Trauma, by Michelle D. Sherman and DeAnne M. Sherman. This book taps into teen concerns about parents who have served in combat. (Seeds of Hope Books, 2005).

Flat Daddies and Flat Mommies (<http://flatdaddies.com/>): Families can order free of charge a life-sized Poster of a deployed mom or dad for military children.

I miss you! A Military Kid's Book About Deployment By Beth Andrews and Hawley Wright.
Published by Prometheus Books (2007)

My Dad's a Hero by Rebecca Christiansen and Jewel Armstrong, published by Word Association (2007).

My Hero: Military Kids Write About Their Moms and Dads. by Allen Appel & Mike Rothmiller.
(St Martin's Press, 2008).

My Mommy Wears Combat Boots by Sharon McBride, published by AuthorHouse (2008).

Sesame Street Workshop and **Sesame Street Deployment Kit**: Free bilingual kit helps families with 3-5 y/o's cope with challenges and concerns related to pre-deployment, deployment, and homecoming. Including a DVD with the beloved Muppets from Sesame Street, and a magazine and poster for parents or caregivers.
<http://www.sesameworkshop.org/>